assertion: z->z_NFree > 0 in _slaballoc

Description
I'm getting "assertion: z->z_NFree > 0 in _slaballoc" when malloc'ring memory in a second thread it happens on the 31st or 32nd malloc

Kernel is DragonFly v5.4.2-RELEASE

As it stands, the code requires jack and midi to be setup, but I could try and reduce it to a simpler test case if that's helpful

And if it's in any-way helpful, it looks roughly like this:

```c
// size enough to store frames of input, dynamically updatable by jack
_Atomic size_t buf_size;
// ring of pointers to bufs for jack to copy data into
#define ringBufs_MAX 24
struct Recording*ringBufs[ringBufs_MAX];
_Atomic uint32_t ringBufs_dirty, ringBufs_clean; // positions in ring

int ringBuf_fill(void*data) {
    struct Data*d = (struct Data*)data;
    SDL_SetThreadPriority(SDL_THREAD_PRIORITY_NORMAL);
    while(true) {
        // could change to a cond-var
        while((d->ringBufs_dirty+1)%ringBufs_MAX ==
            atomic_load(&d->ringBufs_clean)) {};
        d->buf_size = atomic_load(&d->buf_size);
        d->ringBufs[d->ringBufs_dirty] = malloc(d->buf_size);
        atomic_store(&d->ringBufs_dirty, (d->ringBufs_dirty+1)%ringBufs_MAX); } }
```